

LIP COLOR

Think pink: Choose cooler pinks if you have fair skin, and warm pinks if your skin has a golden hue.

Opt for products with ingredients like shea butter and essential oils to soften lips.

BEST BUYS: (from top) SEVI LIPJUICE MINERAL LIPSTICKS (\$14.50; sevicocosmetics.com); SALLY HANSEN NATURAL BEAUTY INSPIRED BY CARMINDY ULTRA SOOTHING LIP TINTS (\$8; cvs.com); DR. HAUSCHKA LIP COLOURS (\$24; drhauschka.com); AVEDA NOURISH-MINT SMOOTHING LIP COLORS (\$14; aveda.com)

BLUSH

Pick sheer formulas made with fruit pigments or minerals to brighten cheeks naturally.

BEST BUYS: (from top) 100% PURE FRUIT PIGMENTED LIP & CHEEK TINTS (\$15; 100percentpure.com); JANE IREDALE INTOUCH CREAM BLUSHES (\$26; janeiredaledirect.com); SUSAN POSNICK COLORME BLUSHES (\$32; susanposnick.com)

Brighten your look with new all-natural cosmetics.

Spring clean your makeup

WHenever I spring clean, I don't just give away outdated clothes or toss expired foods: I also replace my old makeup. It's a therapeutic ritual that always results in a fresh, pared-down me—and new makeup that's better for my skin and the planet.

To help you revamp your look (and your makeup bag) this season, I asked Aimee Valentine and Paige Padgett, two California-based makeup artists who use safe, natural, and environmentally friendly products, for some foolproof tips.

By OLESSA PINDAK
Photography by KEATE

WIN FREE STUFF! To win one of 20 Sally Hansen Natural Beauty Inspired by Carmindy Ultra Soothing Lip Tints in Cranberry, go to naturalhealthmag.com/sallyhansen.

Lighten your blush: Choose tints with corals and vibrant pinks.